


**i** place your order at the bar

## small plates & sharers.

**Velvety houmous**  [588Kcal] 5.5  
with crisp tortillas, crudités and extra virgin olive oil


**Hoisin pork belly bites** [wg] [858Kcal] 6  
with sesame seeds & spring onions

**Mac & Cheese**  [475Kcal] 5  
with Tickler mature cheddar

Add bacon [+162Kcal] / 1.5

**Tater tots** 5  
• aioli and Parmesan  [wg] [628Kcal]  
• jerk pork chilli and ranch sauces  [wg] [696Kcal]

**Halloumi fries**  [596Kcal] 6  
with sweet chilli

**Roasted edamame beans**  [wg] [482Kcal] 4.5  
with soy sauce, wakame seaweed, sesame and extra virgin olive oil

any 4 for 18

choose 4 'small plates & sharers' for just £18




## must try nachos & wings.

**Buffalo chicken** [wg] [814Kcal] / [1627Kcal] 5.5 / 10  
with Frank's RedHot™ sauce, ranch sauce

**Barbeque chicken** [wg] [844Kcal] / [1688Kcal] 5.5 / 10  
with oak smoked BBQ sauce and aioli

**Katsu chicken** [717Kcal] / [1434Kcal] 5.5 / 10  
with Katsu sauce, pickled red onions & lime mayo

**Madras cauliflower**  [wg] [411Kcal] / [823Kcal] 5.5 / 10  
with madras batter, mango chutney and chilli flakes


**Loaded Nachos**  [777Kcal] **sharer** 9  
tortilla chips, Tickler cheese sauce, melted cheddar, jalapeño salsa, sour cream, guacamole & jalapeños

Add pulled pork [+610Kcal] / 3

## New York style bagels.

new!

Available on classic or multi-seed


**The Liberty**  [447Kcal] 6  
plant-based salt beef, American mustard, cornichon and ch\*\*se


**The BLT** [562Kcal] 5.5  
streaky bacon, romaine lettuce, tomato & mayo

**The Pollo** [526Kcal] 6  
chicken, avocado, egg & tomato

**The Reuben** [315Kcal] 5.5  
pastrami, American mustard, pickle & tomato

## salads.

**Moroccan Buddha bowl**  [769Kcal] 8.5  
with harissa chickpea & orange salad, velvet houmous, sun-dried tomatoes, chargrilled vegetables, romaine lettuce, spring onions, seeds, avocado

**Asian Buddha bowl**  [551Kcal] 8.5  
soy marinated mushrooms with black wholegrain rice, shredded sesame cabbage & mooli, edamame beans, wakame seaweed, radishes, spring onions, seeds & plum sauce

**Caesar** [474Kcal] 8.5  
romaine lettuce, Caesar dressing, croutons, Parmesan & anchovies

Add chicken [wg] [+114Kcal] / 3.5  
Add avocado  [wg] [+169Kcal] / 2  
Add runny egg  [wg] [+114Kcal] / 1  
Add grilled halloumi [+338Kcal] / 3.5



**Plant-based**  
All dishes with this symbol are made with plant-based ingredients



**Plant-based option available**  
All dishes with this symbol can be made with plant-based ingredients



**Vegetarian**  
All dishes with this symbol are suitable for vegetarians




For all the allergen info, scan the QR code.

Food allergies? Please advise your server or ask for a manager before ordering. If you require information about allergens in our food, please scan the QR code. All dishes are prepared in a kitchen where all allergens are present, subsequently we cannot guarantee any to be 100% free from allergens. Fish & poultry may contain bones. Adults need around 2000kcal per day. Prices include VAT at the current rate. [wg] made without gluten | [wgo] without gluten option available | [n] contains nuts

## the good stuff.

get social!

@jam.garden.loughborough 

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## happy mondays





Enjoy 2 for 1 pizzas every Monday, all day!




Have you seen our cocktail menu?!



## sides.

**Jalapeño slaw**  [wg] [239Kcal] 3.5

**Side salad**  [wg] [48Kcal] 3.5

**Hand-stretched & gnarly garlic breads using our homemade artisan pizza dough**

**Garlic Pizzetta**  4  
Artisan flatbread with slow-roasted garlic & fresh herbs [815Kcal]

**Cheesy garlic pizzetta**   4.5  
Artisan flatbread with mozzarella, slow-roasted garlic & fresh herbs [973Kcal]

## mini sweet treats.

**Biscoff cheesecake**  [661Kcal] 5.5

**Daim tart** [wg] [492Kcal] 5.5

**Portuguese custard tart**  [230Kcal] 3

*the main event!*

**T H E**

**J A M**

**G A R D E N**

*the main event!*